

2009 TAGS Time Standards

Girls			Boys		
Yards	LCM	10&U	Yards	LCM	
30.69	33.79	50 Free	30.29	33.99	
1:06.39	1:14.79	100 Free	1:06.99	1:14.79	
2:25.59	2:42.89	200 Free	2:23.59	2:44.49	
6:32.59	5:39.59	400/500 Free	6:24.09	5:44.69	
35.39	40.59	50 Back	35.49	41.39	
1:16.49	1:26.79	100 Back	1:17.19	1:29.19	
40.39	45.99	50 Breast	41.19	46.99	
1:27.19	1:39.29	100 Breast	1:30.69	1:41.79	
34.09	38.39	50 Fly	34.19	38.69	
1:18.79	1:30.19	100 Fly	1:17.79	1:33.39	
1:16.89		100 IM	1:17.39		
2:47.09	3:05.09	200 IM	2:46.19	3:09.09	
2:06.19	2:25.09	200 Free Relay	2:07.29	2:27.99	
4:40.89	5:18.19	400 Free Relay	4:58.39	5:37.59	
2:24.69	2:47.69	200 Medley Relay	2:28.49	2:50.79	

Girls		11 Year Old		Boys	
Yards	LCM		Yards	LCM	
28.39	32.29	50 Free	28.49	32.09	
1:02.29	1:10.39	100 Free	1:02.49	1:10.49	
2:16.19	2:33.69	200 Free	2:16.19	2:31.29	
6:01.49	5:24.09	400/500 Free	6:02.09	5:18.59	
33.39	37.89	50 Back	33.19	38.09	
1:11.39	1:21.39	100 Back	1:11.89	1:22.19	
2:35.89	2:53.09	200 Back	2:32.89	2:56.39	
37.29	42.09	50 Breast	38.49	43.09	
1:21.49	1:33.79	100 Breast	1:20.49	1:32.49	
2:56.89	3:22.79	200 Breast	3:01.29	3:20.79	
31.69	35.59	50 Fly	31.99	36.19	
1:12.19	1:22.89	100 Fly	1:11.69	1:21.49	
2:53.39	2:59.29	200 Fly	2:54.39	2:58.49	
1:11.69		100 IM	1:11.49		
2:33.99	2:54.39	200 IM	2:32.89	2:51.59	

Girls		12 Year Old		Boys	
Yards	LCM		Yards	LCM	
26.99	30.69	50 Free	26.59	30.89	
58.89	1:06.29	100 Free	59.09	1:06.49	
2:07.99	2:26.39	200 Free	2:08.19	2:24.79	
5:42.89	5:05.09	400/500 Free	5:42.19	5:03.39	
31.49	36.59	50 Back	31.49	36.19	
1:07.19	1:17.89	100 Back	1:06.99	1:17.69	
2:24.49	2:46.19	200 Back	2:24.79	2:46.89	
35.39	40.09	50 Breast	35.79	40.89	
1:17.59	1:28.79	100 Breast	1:17.39	1:29.29	
2:46.19	3:07.99	200 Breast	2:47.99	3:13.49	
29.89	33.59	50 Fly	29.99	34.19	
1:07.19	1:15.79	100 Fly	1:07.99	1:17.09	
2:32.89	2:52.19	200 Fly	2:29.19	2:56.29	
1:07.99		100 IM	1:08.29		
2:25.49	2:44.69	200 IM	2:25.49	2:44.69	

Girls			Boys		
Yards	LCM	11-12	Yards	LCM	
1:51.99	2:05.59	200 Free Relay	1:52.59	2:07.19	
4:02.19	4:37.19	400 Free Relay	4:08.09	4:44.09	
2:06.29	2:23.39	200 Medley Relay	2:09.39	2:26.79	
4:36.39	5:13.69	400 Medley Relay	4:39.59	5:22.09	

Girls		13 Year Old		Boys	
Yards	LCM		Yards	LCM	
25.89	29.69	50 Free	25.09	28.69	
56.19	1:04.09	100 Free	54.59	1:02.49	
2:01.59	2:18.59	200 Free	1:59.09	2:16.69	
5:24.19	4:50.49	400/500 Free	5:21.59	4:48.19	
11:18.09	9:58.29	800/1000 Free	11:04.39	9:56.59	
18:45.59	19:21.19	1500/1650 Free	19:07.69	19:15.89	
1:03.99	1:14.89	100 Back	1:02.59	1:13.49	
2:17.09	2:39.29	200 Back	2:14.89	2:36.59	
1:12.49	1:24.29	100 Breast	1:12.09	1:21.29	
2:35.89	3:00.49	200 Breast	2:36.29	3:01.09	
1:02.89	1:12.19	100 Fly	1:02.19	1:10.99	
2:20.59	2:43.29	200 Fly	2:19.69	2:38.79	
2:17.39	2:38.29	200 IM	2:16.19	2:36.49	
4:53.09	5:36.09	400 IM	4:53.09	5:33.79	

Girls		14 Year Old		Boys	
Yards	LCM		Yards	LCM	
25.69	29.09	50 Free	24.09	27.79	
55.49	1:02.89	100 Free	52.39	1:00.29	
1:59.29	2:15.99	200 Free	1:54.99	2:10.79	
5:20.89	4:47.49	400/500 Free	5:06.89	4:36.59	
10:55.99	9:48.49	800/1000 Free	10:32.09	9:28.19	
18:23.99	18:55.69	1500/1650 Free	17:38.09	18:14.69	
1:03.09	1:13.99	100 Back	1:00.19	1:09.99	
2:16.49	2:37.09	200 Back	2:10.29	2:31.29	
1:11.69	1:23.19	100 Breast	1:07.99	1:20.19	
2:35.59	2:57.79	200 Breast	2:30.29	2:51.69	
1:01.69	1:10.69	100 Fly	58.79	1:07.39	
2:17.79	2:39.39	200 Fly	2:12.19	2:32.49	
2:16.19	2:35.39	200 IM	2:10.59	2:29.99	
4:48.59	5:28.59	400 IM	4:40.29	5:18.89	

Girls			Boys		
Yards	LCM	13-14	Yards	LCM	
1:45.29	1:59.69	200 Free Relay	1:40.19	1:53.49	
3:48.09	4:21.99	400 Free Relay	3:37.99	4:11.69	
8:14.19	9:26.59	800 Free Relay	8:07.79	9:16.69	
1:58.89	2:14.59	200 Medley Relay	1:55.39	2:11.29	
4:17.09	4:53.49	400 Medley Relay	4:06.79	4:43.09	