

### 2007-2008 South Texas Championships Time Standards Single Year Age Groups

Girls				Short Course Yards			Boys			
10 & U	11	12	13	14		14	13	12	11	10 & U
33.19	31.29	29.69	28.59	28.39	<b>50 Free</b>	26.99	28.19	29.89	32.49	33.39
1:14.39	1:08.29	1:04.69	1:02.79	1:01.69	<b>100 Free</b>	59.29	1:01.49	1:07.09	1:11.69	1:14.69
2:44.39	2:35.09	2:23.89	2:16.29	2:13.69	<b>200 Free</b>	2:12.49	2:14.09	2:27.99	2:39.39	2:46.69
7:39.59	7:10.79	6:31.49	6:07.69	6:07.59	<b>500 Free</b>	6:07.69	6:21.29	6:35.09	7:05.49	7:35.19
					<b>1000 Free</b>					
		23:30.19	23:30.19	21:53.19	<b>1650 Free</b>	21:06.99	22:44.39	23:23.89		
39.59	37.49	35.89			<b>50 Back</b>			36.79	39.79	40.09
1:26.19	1:22.99	1:17.09	1:12.69	1:11.79	<b>100 Back</b>	1:10.29	1:15.19	1:19.09	1:25.19	1:28.29
	3:03.29	2:50.19	2:40.79	2:36.69	<b>200 Back</b>	2:31.09	2:42.79	2:46.59	2:59.39	
45.29	42.59	40.49			<b>50 Breast</b>			41.09	44.59	46.59
1:39.09	1:31.39	1:26.79	1:23.59	1:23.59	<b>100 Breast</b>	1:18.39	1:24.39	1:28.39	1:35.69	1:43.29
	3:27.29	3:12.49	3:04.99	3:01.99	<b>200 Breast</b>	2:49.39	3:02.19	3:07.39	3:21.79	
39.49	36.89	34.69			<b>50 Fly</b>			34.79	38.59	40.29
1:37.99	1:27.59	1:20.29	1:15.39	1:13.79	<b>100 Fly</b>	1:08.69	1:13.99	1:19.29	1:26.39	1:40.59
	3:06.29	2:52.99	2:52.99	2:40.99	<b>200 Fly</b>	2:32.59	2:44.29	2:51.49	3:04.69	
1:25.49	1:20.49	1:17.19			<b>100 IM</b>			1:18.09	1:24.39	1:27.79
3:09.29	3:01.89	2:44.59	2:33.69	2:33.69	<b>200 IM</b>	2:33.69	2:40.79	2:49.69	3:03.49	3:18.09
		6:06.19	6:05.19	5:38.89	<b>400 IM</b>	5:27.59	5:52.79	5:59.59		
2:26.59		2:00.69		1:53.19	<b>200 FR R</b>	1:52.29		2:04.79		2:30.59
		4:43.39		4:12.69	<b>400 FR R</b>	3:57.99		4:28.59		
					<b>800 FR R</b>					
2:54.49		2:14.29		2:07.29	<b>200 MR</b>	2:05.19		2:29.09		2:49.99
		5:08.89		4:49.09	<b>400 MR</b>	4:40.29		5:21.89		

### 2007-2008 South Texas Championships Time Standards Single Year Age Groups

Girls				Long Course Meters			Boys			
10 & U	11	12	13	14		14	13	12	11	10 & U
38.29	36.19	32.99	32.19	31.99	<b>50 Free</b>	30.09	32.29	34.59	36.99	39.89
1:26.19	1:19.89	1:12.79	1:10.49	1:09.39	<b>100 Free</b>	1:05.49	1:09.99	1:17.49	1:23.49	1:27.19
3:06.69	2:59.99	2:40.89	2:35.99	2:32.09	<b>200 Free</b>	2:26.09	2:39.09	2:48.69	3:01.69	3:13.99
6:55.79	6:23.89	5:41.29	5:33.09	5:30.89	<b>400 Free</b>	5:31.09	5:56.49	5:56.59	6:24.09	6:52.69
		12:34.49	12:35.99	11:41.99	<b>800 Free</b>	11:23.99	12:16.59	12:37.59		
		24:15.79	24:06.39	22:23.09	<b>1500 Free</b>	21:54.19	23:35.29	24:20.19		
45.09	43.69	39.69			<b>50 Back</b>			42.29	45.39	47.59
1:39.69	1:37.49	1:25.79	1:24.99	1:24.99	<b>100 Back</b>	1:21.29	1:25.69	1:31.39	1:39.29	1:46.09
	3:30.79	3:14.49	3:04.99	3:02.29	<b>200 Back</b>	2:55.09	3:08.59	3:15.29	3:30.29	
51.19	49.09	45.59			<b>50 Breast</b>			47.09	51.09	54.59
1:51.49	1:49.59	1:39.49	1:36.39	1:36.49	<b>100 Breast</b>	1:30.49	1:37.49	1:41.99	1:50.49	1:59.79
	3:57.59	3:40.59	3:35.39	3:27.99	<b>200 Breast</b>	3:17.59	3:32.79	3:37.99	3:54.69	
45.99	42.69	37.59			<b>50 Fly</b>			39.99	43.49	46.89
1:47.79	1:38.69	1:29.09	1:26.39	1:22.49	<b>100 Fly</b>	1:17.99	1:23.99	1:30.19	1:38.19	1:53.99
	3:33.09	3:17.79	3:17.69	3:03.59	<b>200 Fly</b>	2:53.29	3:06.59	3:15.89	3:30.99	
3:32.49	3:23.69	3:01.49	2:59.09	2:54.09	<b>200 IM</b>	2:53.19	3:01.49	3:13.89	3:29.59	3:40.89
		6:59.79	6:58.69	6:32.49	<b>400 IM</b>	6:15.09	6:43.89	6:56.29		
2:47.19		2:18.39		2:08.39	<b>200 FR R</b>	2:04.79		2:23.79		2:48.79
		5:16.79		4:44.19	<b>400 FR R</b>	4:30.99		5:21.99		
					<b>800 FR R</b>					
3:19.29		2:43.79		2:30.79	<b>200 MR</b>	2:33.09		2:50.69		3:22.39
		6:14.89		5:21.39	<b>400 MR</b>	5:26.29		6:16.29		

**2007-2008 South Texas Championships Time Standards Single Year Age Groups**

Girls			Short Course Meters				Boys			
10 & U	11	12	13	14		14	13	12	11	10 & U
36.59	34.49	31.99	31.19	30.99	<b>50 Free</b>	29.09	31.09	32.89	35.79	36.79
1:21.89	1:15.19	1:10.79	1:07.79	1:07.39	<b>100 Free</b>	1:03.49	1:07.69	1:13.79	1:18.89	1:22.19
3:00.89	2:50.59	2:36.89	2:29.99	2:27.09	<b>200 Free</b>	2:22.09	2:27.49	2:43.49	2:56.09	3:03.39
6:44.49	6:15.89	5:33.29	5:23.59	5:22.89	<b>400 Free</b>	5:21.79	5:38.29	5:45.79	6:12.39	6:40.59
		12:12.79	12:22.89	11:29.89	<b>800 Free</b>	11:05.09	11:56.29	12:08.99		
		23:21.99	23:25.99	21:45.59	<b>1500 Free</b>	20:59.59	22:36.49	23:15.69		
43.59	41.29	38.69			<b>50 Back</b>			40.59	43.79	44.09
1:34.89	1:31.29	1:23.79	1:19.99	1:18.99	<b>100 Back</b>	1:17.69	1:22.89	1:27.39	1:33.79	1:37.19
	3:22.49	3:07.29	2:56.89	2:52.39	<b>200 Back</b>	2:46.99	2:59.89	3:04.09	3:18.29	
49.89	46.89	44.59			<b>50 Breast</b>			45.39	49.29	51.29
1:48.89	1:40.59	1:35.49	1:31.99	1:31.99	<b>100 Breast</b>	1:26.59	1:33.19	1:37.59	1:45.69	1:53.69
	3:49.09	3:32.69	3:23.49	3:20.19	<b>200 Breast</b>	3:07.09	3:20.49	3:26.99	3:42.99	
43.49	40.59	36.59			<b>50 Fly</b>			38.29	42.59	44.39
1:45.79	1:36.79	1:27.39	1:20.99	1:21.19	<b>100 Fly</b>	1:15.89	1:21.69	1:27.59	1:35.39	1:50.69
	3:25.89	3:11.19	3:10.29	2:57.89	<b>200 Fly</b>	2:48.59	3:01.59	3:09.49	3:24.09	
1:38.49	1:28.59	1:24.99			<b>100 IM</b>			1:25.89	1:32.89	1:36.59
3:28.29	3:14.99	2:57.49	2:49.09	2:49.09	<b>200 IM</b>	2:49.09	2:56.89	3:07.49	3:22.79	3:36.89
		6:44.69	6:34.39	6:01.79	<b>400 IM</b>	6:00.39	6:29.89	6:37.39		
2:41.29		2:13.09		2:04.39	<b>200 FR R</b>	2:00.79		2:17.29		2:44.79
		5:08.79		4:36.19	<b>400 FR R</b>	4:21.79		4:55.49		
					<b>800 FR R</b>					
3:11.99		2:27.79		2:20.09	<b>200 MR</b>	2:17.79		2:43.99		3:06.99
		5:39.79		5:13.39	<b>400 MR</b>	5:08.39		5:54.09		

Approved by the House of Delegates on 10/20/07  
Revised on 12/09/07

